

# Ninth ANNUAL SCIENTIFIC SYMPOSIUM 2019

## First MEDICAL EDUCATION CONFERENCE



*Challenges of Evidence Based Practices in local Context*



### PROGRAMME AT A GLANCE

### *WORKSHOPS*

1. Surgical management of PPH
  2. Neonatal Resuscitation Program
  3. Workshop on management of pediatric Brain Tumors. (09-03-19)
  4. Non-Invasive Neonatal Ventilation
  5. Hands on workshop on Phacoemulsification
  6. Let's Learn how to learn-shaping new horizons
  7. Brainstorming for success
  8. Learning & teaching strategies
  9. Workshop on Dry Eye
  10. Hands on workshop on role of umbilical artery Doppler in assessment of IUGR
  11. Hands on workshop on cranial ultrasound
  12. Hands on workshop on pediatric HIP joint ultrasound (02-02-19)
  13. Basic Laparoscopic Course
  14. Early Management of Trauma
  15. Hands on Training Workshop on vascular anastomosis
  16. Hands on workshop on NIV
  17. Hands on workshop on spirometry
  18. Hands on workshop on sleep medicine
  19. Vascular surgery and lectures on Acute Limb Ischemia and Live demonstration Of foam sclerotherapy for varicose veins
  20. Workshop on minimally invasive (keyhole) percutaneous transforaminal lumbar interbody fusion
  21. Awareness of modern contraception among nurses
  22. Hands on workshop on colposcopy
  23. Workshop on cardiac first response
  24. Workshop on FISH & Cyto genetics
  25. Workshop on tissue micro array
  26. Hands on training for performing FNAC, and rapid on site evaluation
  27. Infection control and antibiotics stewardship
  28. Workshop on haemoglobinopathies "Diagnosis and treatment Challenges".
  29. Proper Informed Consent: A gateway to safety in Medical profession
  30. Innovative trends in scar management
  31. Workshop on microfat & nanofat transfers in contour deformity & scar
  32. Workshop on Arterial Blood Gases and unrecognized renal failure
  33. What we need in acute stroke management (08-02-19)
  34. Hands on workshop on Fundamental of Micrometry (09-02-19)
  35. Hands on workshop on Fundamental of Research Methodology Part I (23-02-19)
  36. Hands on Training on Sleep
  37. Endoscopic Sinus Surgery
  38. Coblation Assisted Minimally invasive ENT Surgery
  39. Orientation in Electrophysiology EEG/EMG
  40. Neonatal Resuscitation
  41. Hands on workshop on research methodology
- Principal&Prof. Muhammad Tayyab  
Prof. Agha Shabbir Ali  
Prof. Agha Shabbir Ali  
Prof. Muhammad Shahid  
Prof. Muhammad Moeen  
Prof. Muniza Saeed  
Prof. Muniza Saeed  
Prof. Muniza Saeed  
Prof. Mahmood Saeed  
Prof. Saima Ameer  
Prof. Saima Ameer & Dr. Saira Bilal  
Prof. Saima Ameer & Dr. Wajid Ali  
Prof. Muhammad Farooq Afzal  
Prof. Muhammad Farooq Afzal  
Prof. Muhammad Farooq Afzal  
Prof. Khalid Waheed  
Prof. Khalid Waheed  
Prof. Khalid Waheed  
Prof. Afsar Ali Bhatti
- Prof. Asif Bashir
- Prof. Alia Bashir  
Prof. Alia Bashir  
Prof. Tahir Siddique  
Dr. Ghazala Rubi  
Dr. Ghazala Rubi  
Dr. Jalees Khalid Khan  
Dr. Jalees Khalid Khan  
Dr. Jalees Khalid Khan  
Dr. Pervaiz Zarif  
Dr. Kehkshan Tahir Chaudhry  
Dr. Mehwish Murtaza  
Dr. Aurangzab Afzal  
Prof. Dr. Umair Rasheed & Dr. Maryam  
Dr. Maryam  
Dr. Maryam & Dr. Ghazala Rubi  
Assist. Prof. Irfan Malik  
Prof. Najmul Husnain Khan  
Prof. Tahir Rashid  
Prof. Ahsan Noman  
Prof. Alia Bashir  
Prof. Amna Javed

**1<sup>st</sup> Day 27-02-2019**

**8:30am - Registration**

**9:00-10:00AM - Plenary session**

CHIEF GUEST	PROF TARIQ SALAH UD DIN
GUEST OF HONOR	PROF FAUZIA FARZANA
CHAIRMAN	PROF MUHAMMAD MOIN
MODERATOR	PROF MUHAMMAD SHAHID

**Plenary Lecture: “Challenges of evidence based practices in local context”.**

PROF. MOWADAT H RANA (Ex Advisor In Psychiatry/ Commandant Armed Forces Institute Of Psychiatry Rawalpindi)

**Speakers**

As HO Perspective;	DR FABIA	5 MIN	Pediatrics Department
As PGR Perspective;	DR FAIZA BAJWA	5 MIN	ENT Unit I
As Student Perspective;	RAZIA JAABAR	5 MIN	4 <sup>th</sup> Year
As Student Perspective;	MARYAM NASIR	5 MIN	2 <sup>nd</sup> Year

**PANEL OF EXPERTS**

PROF.MUNIZA SAEED  
PROF. KHALID MEHMOOD  
PROF. ANEELA  
PROF. TAHIR SIDDIQUI

**INAUGURATION**

**10:00 – 11:00**

CHIEF GUEST:	PROF. JAVAID AKRAM (VC. UHS)
PATRON	PRINCIPAL PROF. MUHAMMAD TAYYAB
CHAIRMAN	PROF. AGHA SHABBIR ALI
MODERATOR.	PROF. ALIA BASHIR

**Panel of Experts - Best Poster Award**

PROF. FARAH SHAFI  
PROF. MEHMOOD SAEED  
PROF. KHALID WAHEED  
PROF. SAIMA AMEER

**Tea Break: 11:00 – 11:30**

**1<sup>st</sup> Scientific Session****11:30am – 1:40pm**

CHIEF GUEST	PROF. ANJUM HABIB VOHRA
GUEST OF HONOR	PROF. SIKANDAR HAYAT GONDAL
CHAIRMAN	PROF. GHIAS UN NABI TAYYAB
MODERATOR	PROF. MUHAMMAD FAROOQ AFZAL

**State of Art Lecture:****11:30am-12 :00pm****Late Prof. Anwar-ul-Haq (Ex. Prof. of Surgery) PGMI/AMC/LGH.****Professionalism in surgical practice need of the day PROF. MAHMOOD AYYAZ (PRINCIPAL SIMS)**

12:00 – 12:10 Treatment Outcomes of Intravitreal Melphalan

**Dr. Hafiz Attique Ophthalmology Unit II**

12:10 – 12:20 Effect on duration of third stage of Labour with or without cord blood drainage

**Dr. Sehrish Muzzafar Gynecology Unit I**

12:20 – 12:30 Arteriovenous fistula care: knowledge, attitude &amp; practice in ESRD patients on hemodialysis.

**Dr. Myra Liaqat Nephrology**

12:30 – 12:40 Increased risk of cardiovascular disease in women exposed to biomass fuel during cooking.

**Dr. Nabeeha Saeed Physiology**12:40 – 12:50 Early age onset of type-2 diabetes mellitus and common risk factors among newly diagnosed type-2  
Diabetes vesting diabetes clinic**Dr. Maliha Hammad Medical Unit III**

12:50 – 1:00 Comparison of outcome of dexamethasone with placebo in patients with bacterial meningitis

**Dr. Hafiz Muhammad Kashif Medical unit I**1:00 – 1:10 Endoscopic Supraorbital Eyebrow Approach:  
Early Experience at Punjab Institute of Neuro Sciences, Lahore.**Dr. Asad Shah Neurosurgery Unit II**1:10-1:20 Comparison of post-op pain score after elective division or presentation of the  
Iliioinguinal nerve in mesh hernioplasty**Dr. Maheen Surgical Unit II**1:20-1:30 Antimicrobial susceptibility pattern of Bacteria isolated from tracheal secretions in intensive care units  
Admitted patients of Lahore General Hospital**Dr. Mehvish Pulmonology**1:30-1:40 Comparison between intravenous Magnesium Sulphate & Intravenous Aminophyline in acute  
Attack of asthma**Dr. Hina Pediatrics Unit I**

Free Papers: 10  
Panel of Experts – Best Paper Award  
PROF. MUNEEZA  
PROF. NOMAN  
PROF. JODAT SALEEM  
PROF. MUHAMMAD TAHIR

**Tea Break: 1:40 – 02:00**

**2nd Day 28-02-2019**

**2nd Scientific Session. 9:00 – 11:10**

CHIEF GUEST.	PROF. SADIA CHIRAGH
PATRON	PROF. IRFAN MEHBOOB
CHAIRMAN	PROF. KHALID MAHMOOD
MODERATOR	PROF. MUHAMMAD NAZIR

**State of the Art Lecture: 9:00-9:30**

Late Dr. Khurram Memorial Lecture.

**“Endonasal skull base surgery in Pakistan”**

**Prof. Salman Sharif**

**(President Pakistan Society of Neurosurgery)**

9:30 – 9:40 an experience with ophthalmic artery chemosurgery in children with retinoblastoma

**Dr. Ahsan Mahmood**

**Ophthalmology Unit I**

9:40 – 9:50 Dose Dependent Effect Of Glycyrrhizin On Lipid Control In Type 2 Diabetic Rat Model

**Dr. Mufakhara Fatima**

**Pharmacology**

9:50 – 10:00 Highly Resistant Infection Trends in HDU/ICU of Medical Unit2 of LGH

**Dr. Faizan Ahmad**

**Medical Unit II**

10:00 – 10:10 Role of Negative Pressure Wound Therapy on Management of Open Abdominal Wounds  
Our early experience

**Dr. Muhammad Azyed**

**Surgical Unit I**

10:10 – 10:20 Delayed TRAM Flap for The Extensive Soft Tissue Defects After Mastectomy: Is It  
One Step Ahead of Free DIEP?

**Dr. Fatima Hameed**

**plastic surgery**

- 10:20 – 10:30 Comparison of Turp Vs Tuevp in Terms of Symptoms Improvement and Postoperative Complications Experience at LGH  
**Dr. Qamar Zaman** **Urology**
- 10:30 – 10:40 Kite Flying Injuries – A Stigma to the Society  
**Dr. Shaiqa Ramzan** **Forensic Medicine**
- 10:40 – 10:50 Frequency of non-motor symptoms in Parkinson’s disease presenting to Tertiary care center in Pakistan: an observational, cross-sectional study  
**Dr. Ammar Yasir** **Neurology**
- 10:50-11:00 Pattern of causative organisms in infective keratitis in a tertiary care hospital.  
**Dr. Zohaib Ashraf** **Pathology**
- 11:00-11:10 Role of Doppler Scan (Diastolic Notching) For Detection of Pregnancy Induced Hypertension  
**Dr. Mehtab Sami** **Diagnostic Radiology**

**Free Papers: 10**  
**Panel of Experts – Best Paper Award**

**PROF. RIZWAN MASOOD BUTT**  
**PROF. MIAN HANIF**  
**PROF. ASIF BASHIR**  
**PROF. PERVAIZ ZAREEF**

**Tea Break: 11:10 – 11:30**

**3<sup>rd</sup> Scientific Session. 11:30 – 1:30**

CHIEF GUEST	PROF. FARRUKH ZAMAN
GUEST OF HONOR	PROF. KHALID BASHIR
CHAIRMAN	PROF. NAJAM UL HUSNAIN
MODERATOR	PROF. ALTAF QADIR

**State of the Art Lecture: 11:30-12:00**

**Late Dr. M. Arshad Chohan Memorial Lecture**

**‘THE Thyroid’-whom does it belong to**

**Prof. Dr. Naveed Aslam**

**(Professor of ENT Shiekh Zayed Medical College & PGMI FEDERAL)**

12:00 – 12:10 Validation of Replacement of Transient Elastography (Fibro Scan) With Combination of Cheap And Readily Available Biomarkers And Development Of Novel Fibrosis Index (NFI).

**Azher Hussain**

**3<sup>rd</sup> year MBBS student**

12:10 – 12:20 Outcome of Open Septorhinoplasty among Patients with Nasal Obstruction and External Nasal Deformity

**Dr. Faiza Bajwa**

**ENT Unit I**

- 12:20 – 12:30 Comparative study of Desarda vs Lichtenstein for indirect inguinal hernia repair  
**Dr. Basharat Nazir** **Surgical Unit III**
- 12:30 – 12:40 Efficacy of safety of intra-lesional 5-fluorouracil in treatment of warts  
**Dr. Mehwish khan** **Dermatology**
- 12:40 – 12:50 Comparison of early fixation in in Schatzkers type V, VI Tibial fractures with & without closed fasciotomy  
**Dr. M. Sheraz Malik** **Orthopedic & Spine Surgery**
- 12:50 – 1:00 Variants in Chronic Myeloid Leukemia: Patients analysis of breakpoint cluster region Abelson oncogene  
**Dr. Ghazala Rubi** **Research Department**
- 01:00 - 01:10 Frequency of negative symptoms of schizophrenia admitted in Punjab institute of mental health  
**Dr. Nazish Naseem** **Psychiatry**
- 01:10 - 01:20 Comparison of Frequency of surgical site infection in sub-cutaneous closure versus on closure undergoing elective caesarean section at term  
**Dr. Aisha Riyaz** **Gynecology unit III**
- 01:20-01:30 Protective Effect of Flaxseeds (Powdered Form) On Hepatotoxicity Induced By Triazophos (Pesticide)  
**Dr. Arooj** **Anatomy**
- 01:30-01:40 Knowledge and Attitude of Postgraduate Trainees towards learning Communication Skills  
**Dr. Saqib Butt** **Department of Medical Education**
- 01:40-01:50 salivary calprotectin level with/without application of oral curcuma gel in patients of Chronic periodontitis  
**Dr. Iqra Amin** **Oral Biology**

Free Papers: 10

Panel of Experts–Best Paper Award

PROF. IMRAN HASSAN  
 PROF. MIAN HANEEF  
 PROF. MARIAM  
 PROF. AHSAN NAUMAN

## **Concluding Ceremony: 02:00 – 3:00**

CHIEF GUEST	PROF. DR YASMEEN RASHID (HEALTH MINISTER PUNJAB)
PATRON	PROF MUHAMMAD TAYYAB (PRINCIPAL PGMI/AMC)
CHAIRMAN	PROF AGHA SHABBIR ALI
MODERATOR	PROF ARIF ZAHEER

## **Refreshments**

# First Medical Education Conference PGMI/AMC

On 26<sup>th</sup> February, 2019 in PIN5 Auditorium

Theme: Leadership



Ameer-ud-Din Medical College/  
Postgraduate Medical Institute

## Program

09:00 am-09:20 am	How to Measure Success ( <b>PROF. MUHAMMAD SHAHID</b> )
09:20 am- 09:40 am	Leadership Styles ( <b>PROF. ALIA BASHIR</b> )
09:40 am-10:00 am	Habits of Highly Successful People ( <b>PROF MUHAMMAD MOIN</b> )
10:00 am-10:20 am	Mastering the Art of Mentorship ( <b>PROF. FAROOQ AFZAL</b> )
10:20 am-11:00 am	Panel Discussion on Effective Leadership ( <b>DR. AMINA AHMED</b> )



### Tea Break: 11:10 – 11:30

11:30 am-11:50 am	Negotiation Skills ( <b>PROF. NAJAM UL HASNAIN KHAN</b> )
11:50 am-12:10 am	Advocacy ( <b>DR. IMRAN HASSAN KHAN</b> )
12:10 am-12:20 am	Emotional Intelligence ( <b>PROF MOWADAT H RANA</b> )
12:20 am-12:40 am	Building Teams ( <b>PROF. AGHA SHABBIR ALI</b> )
12:40 am-01:20 pm	Panel Discussion on Professionalism ( <b>PROF. MUHAMMAD TAYYAB</b> )

